



Legends of the South: Borjomi Forests, Rabati Fortress & Vardzia Caves

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About This Tour

A breathtaking day trip from **Tbilisi** exploring the **lush forests of Borjomi**, the **medieval fortress of Rabati**, and the **ancient cave city of Vardzia** perfect blend of **nature, history, and culture**

Morning: Nature & Medieval Fortresses

□ **Stop 1: Borjomi Central Park (8:00 AM - 9:30 AM)**

- Start your day with a visit to **Borjomi Central Park** famous for its **mineral water springs**.

- Walk through **scenic forest trails** and taste the legendary **Borjomi mineral water** straight from the source.
- Option to take a **cable car** up the mountain for panoramic views of the park.

□ **Stop 2: Rabati Fortress, Akhaltsikhe (11:00 AM - 12:30 PM)**

- Explore the **Rabati Fortress**, a **12th-century medieval stronghold** with influences from **Georgian, Ottoman, and Persian architecture**
- Walk through **stone walls, towers, and mosques**, and visit the **museum** inside the fortress.
- Enjoy **stunning hilltop views** over Akhaltsikhe.

Afternoon: Exploring Georgia's Ancient Cave City

□ **Stop 3: Vardzia Cave Monastery (2:00 PM - 4:00 PM)**

- Discover **Vardzia**, a **12th-century cave monastery** built by **King Giorgi III and Queen Tamar**.
- Explore the **monastery complex**, which once had **over 6,000 rooms**, including churches, tunnels, and wine cellars.
- Admire ancient **frescoes of Queen Tamar**, one of Georgia's greatest historical figures.
- Enjoy breathtaking views over the **Mtkvari River Gorge**.

□ **End of Tour - Return to Tbilisi (8:00 PM - 9:00 PM)**